Team Frosty, Inc.
1137 2nd Street
Hermosa Beach, California 90254

May 7, 2026

Dear Team Frosty Family:

Spring greetings to the Team Frosty community. May is ALS Awareness Month, which offers an opportunity to learn more about ALS and to recognize the individuals and families affected by this progressive neurological condition. This is a time to shine a light on the realities of ALS and to uplift the community of people living with ALS, their families, caregivers, advocates, and loved ones standing shoulder to shoulder as we seek a cure. We invite you to join us in making it impossible to ignore the truth: ALS is here. But so are we—and we are not stopping until there’s a cure.

A diagnosis of ALS affects more than the person living with the disease. It often changes daily routines, family roles, and long-term planning. Support, education, and connection can make a meaningful difference as families navigate those changes. We’re taking this opportunity to update you all on Frosty’s status and the care your generosity helps to provide him as well as his new, anticipated, and increasing care needs.

Physical Therapy Frosty receives in-home physical therapy twice a week. PT helps him maintain strength and mobility for as long as possible, support balance and walking safety, stretching and range-of-motion exercises, and help with equipment needs as his mobility changes.

Occupational Therapy Frosty receives in-home occupational therapy twice a week, helping him adapt his daily activities, conserve energy, improve safety at home, and identify tools or strategies that support his independence with bathing, dressing, eating, and other everyday tasks we all take for granted.

Respiratory Therapy This has taken on increased importance since our last update in January. As those of you who read Frosty's Blog (https://teamfrosty07.org/blog/) are already aware, Frosty's ALS has progressed to the extent that it is difficult for him to expectorate, or cough up, and spit out phlegm, mucus, and/or sputum from his throat or lungs. This frequent bodily function we all take for granted has become a challenge. A few weeks ago this issue led to a respiratory infection that required a trip to the emergency room and a course of antibiotics.

Frosty's care team has outfitted Frosty with several devices to help his breathing. He now uses a nebulizer which converts liquid medication into a fine mist for direct inhalation into the lungs and helps with the breakup of material in the lungs and throat. Frosty also uses a cough assist machine that helps clear mucus from the lungs by simulating a natural cough, alternating between positive pressure to inflate the lungs and negative pressure to rapidly pull air out. He also uses a Non-invasive Positive Pressure Ventilation, or BiPAP, Machine which provides non-invasive lung ventilation, offering two pressure settings (one for inhalation, one for exhalation) to assist with breathing and improve sleep.

Home Care Services One week after Frosty's ER visit for his respiratory infection, he fell in his bathroom and hit his head on the tile, causing blood to come out of his ear. Given his prior fall late last year, we decided to be safe and call the Redondo Beach EMTs (who were great). Frosty was taken to Harbor UCLA, enduring a long night. He was eventually discharged the following afternoon. But the back-to-back weeks of ER visits forced the realization that we had reached a new and tragic point in our journey – Frosty needs a daily caregiver to look after him while Julie is at work and Madeline and Abigail are at school.

This kind of support helps ALS families navigate changing care needs, home safety, mobility, communication, comfort, and quality of life. We were able to find an excellent caregiver who has been with us for the past three or four weeks. The caregiver helps Frosty with his respiratory therapies, feeding, bathing and shaving, as well as anything else Frosty needs around the house. Most importantly, he is there to give Frosty a hand to make sure Frosty does not suffer another fall or other accident, and to be there to summon help if something were to happen. It is impossible for us to overstate how crucial and game-changing this assistance has been and continues to be.

But daily care does not come free. The caregiver expense is very reasonable, but still runs Team Frosty $750 per week. This is exactly what we set Team Frosty up for in the first place – to take some of the pressure off of Mike, Julie, Madeline, and Abigail and to help them out in this time of need. We all love this family, How can we not – they're awesome! But they need our help.

Our thanks to all of you for your love, care, and support of the Fosters is boundless. But as we enter this new and challenging chapter in our saga, we ask if you could consider giving whatever you can to help the Fosters with the new challenges they are facing. We founded Team Frosty to meet this very moment. Thanks for helping us get to where we are, and thanks for your continued and future support. We could not do this without you all.

Sincerely,
Team Frosty